

Dr Soultana Maria (Tania) Valamoti was born in Thessaloniki in 1965. She studied Archaeology at the Aristotle University of Thessaloniki (B.A.) and specialised in Archaeobotany in Sheffield under the supervision of Glynis Jones (M.Sc., PhD). Since 2002 she has been teaching at the Department of Archaeology, Aristotle University of Thessaloniki. She is currently a Professor there and leader of PLANTCULT, an ERC funded, Consolidator research programme on the role of plant foods in shaping the prehistoric cuisines of Europe. She has conducted archaeobotanical research in Greece and abroad. LIRA, the Departmental Laboratory that she directs is conducting leading

research in Archaeobotany in the Eastern Mediterranean and Southeastern Europe. She has published articles in various journals, authored two books and edited three volumes. She is currently finishing a book on prehistoric Greek plant foods, including recipes, thus combining her passion for cooking and Archaeology. Communicating her research to the wider public has formed an essential element of her approach, thus she has organised events where archaeological information is combined with food tasting. Her major challenge so far has been combining motherhood and family life with a career in Archaeobotany since her PhD years.

http://plantcult.web.auth.gr/en/